



# NEWPORT NEWS

The Official Newsletter of the Newport Maltese Association Inc.  
C/- 477 Royal Parade, Parkville, Victoria 3052

December 2012

Lydia Cole—Editor

Vol. 3 Issue 3

*The President,  
Executive Committee  
& Committee Members  
Of the  
Seniors Group*



*Wish all our members and their families  
A Joyful Christmas  
&  
A Happy New year 2013*

## *The President's Message*

**D**ear Fellow Members & Friends

*At the last election of the Association Executive Committee (14th October) we welcomed two new elected members, namely Mrs Carmen Casa and Mr Andrew Gatt.*

*Both Carmen and Andrew have years of experience in community work and I am sure that, they will be an asset to the Committee.*

*On your behalf, I take this opportunity to say thank you to Lillian Calleja and James Cunningham who have now retired, for their years of service and dedication during their time as executive members of the Association.*

*By now, most of you, would have received the news that Mario Sammut of Moods Music will be retiring at the end of this year. He will perform his last engagement on New Year's Eve at our Dinner Dance.*

*For the past 15 years, Mario has provided the music to most of our functions. His selection of music and the way he communicates with the audience is unique and that is the reason why he is the most popular DJ within the Maltese Community.*

*Without a doubt, we will miss Mario, not only for his music, but also for the type of person that he is:- friendly, funny, co-operative and considerate.*

*Thank you Mario for all the time you made us happy with your music and all the very best for the future.*

*I have been keeping you informed about the "The Bishop Joe Grech Memorial Fund" which was established by the Maltese Community Council of Victoria at the beginning of last year.*

*I am pleased to inform you, that the inaugural scholarship was awarded to the successful applicant, Ms Rita Catania at a reception held at the Maltese Centre on the 11th August 2012.*

*This Newsletter will be the last issue for the year 2012. Next year will mark the 40th year since the foundation of our Association. What most of our members probably do not know is, that when we formed the first ever Committee, the name chosen then was:- THE SACRED HEART NEWPORT MALTESE COMMITTEE.*

*Many changes took place since then, which no doubt helped making our Association one of the most successful amongst our community.*

*So, keep this in mind because we would like you all to join us as we celebrate in a big way our 40th anniversary.*

*As this year is coming to an end, may I express my heartfelt thanks to my fellow Committee Members on the board of the Association and the Seniors for their dedication and commitments in keeping Newport, as always on top.*

*Many thanks also, to our sponsors. Their financial support is always welcomed with gratitude*

*On closing, may I on behalf of my fellow Committee Members of the Association and the Seniors Group, wish you and your families a very Happy and Joyful Christmas and a very safe and healthy New Year.*

*Until next time, Sahha u Awguri*

**George Saliba**  
**President & Seniors Co-Ordinator.**



## **ANNUAL GENERAL MEETING** **HELD ON 14th OCTOBER 2012**

143 members attended the Annual General Meeting which was a very good attendance.

George Saliba (the President) welcomed all and informed everyone that this is also an election year. He also announced that because of circumstances beyond our control the Get Together function which was to be held at the M.C.C.V. on the 27th October, will have to be cancelled and that those people who had already paid will get their money back.

George also announced that Lillian Calleja will not be nominating in this year's election. He praised Lillian for her 40 years of hard work, not only with the Association but with the Ladies Auxiliary of the Maltese Community Council, the Children's Concert, the Christmas Pageant and many more organizations and, he said, that she always gave her best no matter what she was doing. To all this Lillian got a well deserved standing ovation.

The committee then stepped down for the election to take place. There were six committee members positions contested and eight nominations.

**Mr Joe Stafrace was nominated scrutineer.**

The result of the election is as follows:

**President: Mr George Saliba (not contested)**

**Vice President: Mr Vince Calleja (not contested)**

**Secretary: Mr Vince Camilleri (not contested)**

**Treasurer: Mr Joe Cole (not contested)**

**Social Secretary: Mrs Olga Ellul (not contested)**

**P.R.O: Mrs Lydia Cole (not contested)**

**Ass. Treasurer: (Mrs Lena Saliba (not contested))**

**Ass. Secretary: Mrs Gwen Busuttil (not contested).**

**The committee members elected are as follows:**

**Mr Joe Ellul**

**Mrs Carmen Casa**

**Mrs Miriam Cunningham**

**Mr Andrew Gatt**

**Mrs Carmen Spiteri**

**Mr Maurice Spiteri.**

Sandwiches, pastizzi and cannol, and tea, coffee and lemonade were served after the meeting.

**Don't forget the New ear's Eve Dance at the Lakeside Banquet and Convention Centre .**  
Hope to see you all there.

**Lydia Cole**  
**P.R.O.**



**Below pictures from the Annual General Meeting**





## **Association Christmas Break-up** **2nd December 2012**

**T**his year for the first time our Christmas Break-Up was held outside of the Maltese Community Centre and we were lucky, because of the short notice, that we could get a booking at the Melrose Reception Centre.

The food was very good and the mood was happy and friendly as it always is on such events. With plenty of space to dance, the best group of people who know how to enjoy themselves and the best DJ around, this was definitely a very good night.

Unfortunately, this is the last Christmas Break-Up that Mario (Moods Music) will be playing his music for us, because as most of us know by now that he will be retiring at the end of this year. He will be with us for the very last time on New Year's Eve.

Thank you Mario, for your contribution to the success of our functions, we will miss you terribly.

*Wishing you all the best for the future.*

The President, George Saliba congratulated Mario on his achievement of the Honorary Medal (OAM) for his work amongst the Maltese Community, he also presented James Cunningham with a gift as a token of appreciation for his work with the Association.

Congratulations to the lucky winners of the raffle. Some were even more lucky winning twice (we're not mentioning names).

**Lydia Cole**  
**P.R.O.**



**Below Left: The President Mr George Saliba with Mr Mario Sammut and right, with Mr James Cunningham**



# Seniors' Corner

## Senior's Group Weekend Away

Yarrawonga, Corowa and Howlong, these were our stops for the weekend, and after an early start, we were on our way. A stop for morning tea, with plenty of home baked goodies from our members, a smoko for some, and then back on the bus to our first stop.

Along the way we played Bingo, told jokes, and before you know it we were in Yarrawonga. Is it lunch time already? Lunch was delicious, firstly we didn't have to cook it, and secondly no washing up. Fish'n Chips or Chicken Schnizel, everyone enjoyed it, then after a bit of a play we went on to Corowa. Our Motel was very comfortable, a rest before meeting at 5p.m. for a horse race. We did it at the club on the Wednesday, and everyone gets into the spirit of the game. No more bets we called, but we were lenient with some late comers, the dice were tossed, and Horse 6 was the winner this time.

Mick, our coach captain was ready and waiting to take us out for the night. By the end, we really needed a good night sleep!

Breakfast in bed is quite special, but it's the only way they ensured that we had an early start. Mass at the beautiful church of St. Mary's was next, then on to Howlong. The day was just beautiful, and the grounds were just superb. The seats and benches in the sun were quickly taken and before you know it, it was time for lunch again. Not too long after that we piled in the coach for our journey back. Lots of jokes, more home baking, we will never go hungry for sure, and pretty soon our weekend was over. At this stage on behalf of the Committee I would like to thank all those who supplied us with treats along the way.

## Templestowe Hotel Luncheon.

This hotel never fails to put on a beautiful lunch! All 75 members that attended enjoyed morning tea and cake, and at noon a delicious buffet lunch was provided. The hardest decision was what to choose.

**Gwen Busuttil**  
Seniors' Committee Member



**Below: The Seniors group that went on the Week End trip-Photo by Carmen Spiteri**





*As many of you know the last twelve months have been challenging with my health. I would like to take this opportunity to thank all of you who have visited me in hospital, for the flowers, cards, chocolates, for your phone calls, all your good wishes, I'm pleased to report that things are looking up. It is so nice at times like these that you know that people care.*

*Thank you again, and on behalf of Rennie and myself, I wish everyone a very Merry Christmas.*

*Gwen Busuttil*

## ***Congratulations***

*On Friday 30th November 2012, Mr Mario Aloysius Sammut was awarded the*

**HONORARY MEDAL  
(OAM)  
IN THE GENERAL DIVISION BY THE AUSTRALIAN GOVERNMENT**

*The Newport Maltese Association and the Newport Maltese Association Seniors Group congratulate Mario on this award.*

*It is wonderful to see that you have received such a prestigious recognition for your years of service of dedication and commitments to the Maltese Community.*

*Congratulations again for your well deserved honour.*

*George Saliba*

More photos from the Seniors' Weekend Away



## **Coat of Arms of Malta and Gozo**



The Maltese Coat-of-Arms consists of a shield showing a heraldic representation of the National Flag of Malta; above the shield there is a mural crown in gold with sally port

and eight turrets (five only being visible), representing the fortifications of Malta and denoting a City State; around the shield there is a wreath of two branches, the dexter of olive, the sinister a palm, symbols of peace and traditionally associated with Malta, all in their proper colours, tied at the base with a white ribbon, backed with red and upon which are written the words "Repubblika ta" Malta" in capital letters in black.



The official coat-of-arms of Gozo is a field divided horizontally: the upper two thirds silver; the lower Gozo Coat of Arms one third made up of six parallel wavy horizontal

bands alternately silver and black, the top one silver, the bottom one black. Upon the upper part, three slightly pointed hills in black, the centre hill higher and in front of the other two hills. Above the shield is a mural coronet with five eschaugettes and a sally-port in gold. Simultaneously with this emblem, Gozo earned its popular nickname the Island of the Three Hills probably derived from the hilly view when observed from mainland Malta.

## **Christmas Is A Season For Giving**

Christmas is a season  
for gifts of every kind.  
All the glittering, pretty things  
that Christmas shoppers find.

Baubles, beads and bangles  
of silver and of gold-  
Anything and everything  
that can be bought or sold.

Is given at this season  
to place beneath the tree

for Christmas is a special time  
for giving lavishly.

But there's one rare and priceless gift  
that can't be sold or bought.  
It's something poor or rich can give  
for it's a Loving Thought-

And Loving Thoughts are something  
for which no one can pay  
and only loving hearts can give  
this Priceless Gift Away.

~Helen Steiner Rice

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**Newport Maltese Association Committee**

**Below Left to Right:** Standing: Joe Ellul, Carmen Spiteri, Miriam Cunningham, Gwen Busuttil, Maurice Spiteri, Lena Saliba, Carmen Casa, Andrew Gatt

**Sitting Left to Right:** Lydia Cole, Joe Cole, Vince Calleja, George Saliba, Vince Camilleri, Olga Ellul



**Newport Maltese Association-Seniors Group Committee**

**Below Left to Right:** Standing: Maurice Spiteri, Mary Cefai, Victor Casa, Miriam Cunningham, James Cunningham, Lena Saliba, Rennie Busuttil, Carmen Spiteri, Andrew Gatt

**Sitting:** Left to Right: Carmen Casa, Joe Ellul, George Saliba, Gwen Busuttil (and Miriam Camilleri not in the picture)





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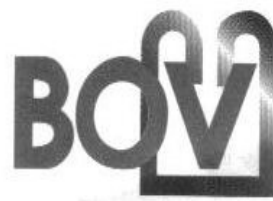
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**NEWPORT MALTESE ASSOCIATION**  
**FUNCTION DATES FOR 2012/13**

<b>MON DECEMBER 31ST</b>	<b>NEW YEAR'S EVE BALL</b>	<b>LAKESIDE RECEPTION</b>
<b>SUN 17th FEB 2013</b>	<b>CARNIVAL DANCE</b>	<b>MELROSE RECEPTION</b>
<b>SUNDAY 21st APRIL 2013</b>	<b>COMEDY FUN LUNCHEON</b>	<b>PARKVILLE</b>
<b>SATURDAY 6th JULY 2013</b>	<b>ANNUAL DINNER DANCE</b>	<b>LAKESIDE RECEPTION</b>

**FOR BOOKING PLEASE CONTACT OLGA ELLUL ON 9744 6096**

**NEXT FEW FUNCTIONS FOR THE**  
**SENIORS GROUP FOR 2012/13**

<b>WEDNESDAY</b>	<b>12th DECEMBER</b>	<b>CHRISTMAS BREAK-UP</b>
<b>WEDNESDAY</b>	<b>23rd JANUARY 2013</b>	<b>RESUME MEETINGS</b>
<b>SUNDAY</b>	<b>24th FEBRUARY 2013</b>	<b>ROUND THE BAY TRIP</b>
<b>WEDNESDAY</b>	<b>27th FEBRUARY 2013</b>	<b>A.G.M. PARKVILLE</b>
<b>THURSDAY</b>	<b>14th MARCH</b>	<b>BBQ BRIMBANK</b>

**FOR BOOKINGS PLEASE CONTACT**  
**CARMEN CASA ON 9436 8196**



## **Sesame Rings (Qaghaq) with Yeast**

**This recipe was published in the December 2005 (Volume 1 Issue 25) of our Newsletter. We are publishing it again by general request.**

### **Ingredients:**

One cup milk  
¾ cup boiling water  
½ cup sugar  
¼ cup butter (melted) (4 ounces)  
4 cups plain flour  
½ teaspoon aniseed  
½ teaspoon caraway seed  
Fresh yeast (about a large walnut size)  
Orange rind, grated  
One egg yolk  
Sesame seeds



### **Method:**

Mix the milk and the boiling water together, add sugar and yeast and stir until the yeast is dissolved.

Put the flour in a bowl and add the grated orange rind and the seeds (except the sesame seeds) to the flour. Add the melted butter and the yeast and milk mixture to the flour and mix by hand. Keep mixing until it forms into dough. Knead lightly in the bowl until the bowl comes clean.

**DO NOT ADD ANY MORE FLOUR.** This will be a soft and wet dough. Cover with plastic wrap and leave to rise until it doubles in size. (At least one hour or so).

Form into rings, dip in sesame seeds and put on a baking tray (I line the tray with baking paper). Leave to rise again until the rings are puffed (About an hour or so).

Heat oven to 500 degrees Fahrenheit or 215 to 220 degrees Centigrade.

Paste with egg yolk and bake for about 15

minutes or until a nice brown colour.

Cool on a wire rack. When cold (if you have any left) you can place in a freezer bag and freeze.

When you take them out of the freezer, just warm them up for a few minutes in the oven or let them come to room temperature.

## **SUBSCRIPTION NOTICE**

**Please note that subscriptions for the Newport Maltese Association are well overdue.**

**Those who have not yet renewed their membership and want to remain a member, please do so as soon as possible otherwise you will be struck off the list.**

**Thank You**

## **Some very Good Quotes**

A diplomat is a man who always remembers a woman's birthday but never remembers her age.

Age is an issue of mind over matter. If you don't mind, it doesn't matter.

A good marriage would be between a blind wife and a deaf husband.

If at first you don't succeed, try, try again. Then quit. There's no point in being a damn fool about it.

ANGER is a feeling that makes your mouth work faster than your mind.