



# MCCV News

**Maltese Community Council of Victoria, Inc.**  
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## Welcome to the new President of the MCCV:

### Ms Marlene Ebejer

At a Council Meeting held in October, 2018, Ms Marlene Ebejer was elected President of the Maltese Community Council of Victoria.

Marlene was a community worker for 14 years and then studied law and became a lawyer and has practised for the last 13 years, started her own practice.

Marlene Ebejer was born in Melbourne, her parents, Carmen and Charles Ebejer migrated from Sliema, Malta in 1956. Marlene grew up living with her parents, sister, brother and maternal grandmother (Nanna Nina). As a child living in a bi-lingual home, Marlene was quick to learn Maltese. When she was 9 years old her cousins came to live with her family from Sliema, Malta for 2 years. Her cousin, Godfrey, had travelled with a Maltese children's book and from that book Marlene taught herself to read Maltese.

There were many nights where Marlene's mother would have the Maltese newspaper and listen to Marlene reading articles or letters from relatives in Malta. Keen on the language she was not so keen on her culture not knowing whether she was Maltese or Australian. It was not until Marlene travelled to Malta when she was 22 for a 4-5 month period that she recognized she was a part of both cultures and began to embrace her Maltese heritage. In her late teens she became involved with a youth group at the Maltese Community Council of Victoria and enjoyed going on camps, playing in the indoor cricket team and going on outings.

Marlene grew up in Broadmeadows and had friends from all cultures. She now lives in Melbourne. After finishing high school Marlene began working for the Broadmeadows and District Ethnic Communities Council. Marlene continued to work in different community agencies and returned to study part time. Her first degree was a Bachelor of Arts (Multicultural Studies) from RMIT, followed by a Graduate Certificate in Asian Studies from Victoria University. For 5.5 years she ran the Meadow Heights Learning Centre. Whilst running the Meadow Heights Learning Centre Marlene was awarded a Graduate Diploma in Vocational Education and Training from Melbourne University. Marlene then moved to a private training company with the Australian Textile and Fashion Industries. During this time she studied for her Bachelor of Laws at Monash University.



(Continued on Page 2)

## President's Perspective (cont. from page 1)

Marlene was admitted as an Australian Lawyer in November 2005 and first worked as community lawyer at the Brimbank Melton Community Legal Centre followed by the Wyndham Legal Service.

Marlene opened her own law practice in 2007 in Werribee known as Ebejer & Associates Lawyers. Since then she gained her Masters in Applied Family Law, has become an accredited family law specialist and a family dispute resolution practitioner. Keen to work on her Maltese reading and writing skills Marlene attended some Maltese classes at the MCCV.

In 2017/18 Marlene began volunteering at the Maltese Community Council of Victoria in Parkville providing free legal advice to anyone in need.

Through that involvement she began to see what a great asset and resource the MCCV was and was encouraged to become more involved. In October 2018 she became the President of the MCCV. Just prior to her election she organised a successful event - the Back to Island Malta Party that featured Nicky Bomba's Bustamento. Over 200 people attended, there was lots of dancing, Maltese food and a sense of community and belonging.

Marlene is working with the executive to increase the programs offered by the MCCV and to strengthen partnerships with the various Maltese associations across the state. The goal is to grow the MCCV aged care programs and get younger generations involved so that the Maltese culture and community spirit can continue to flourish in Victoria.

Next year Marlene will be taking over 50 people to Malta to attend a Family Law Conference so that Australian lawyers and other professionals working in the family law sphere can share experiences with their Maltese counterparts.

Marlene welcomes the opportunity to meet other like minded people who want to work together so that the Maltese community can be further strengthened.

## Reskeon.

Once a month the President and Secretary of the Reskeon Maltese Association Seniors Group Inc., Salvina and Paul Vella respectively, rush from our Wednesday meetings at Merrilands to travel to Bell Street, Preston, for a meeting organised by the Northern Federation of Ethnic Senior Citizens Clubs. The Federation is co-ordinated by Spectrum. There they meet other members from different groups and learn a lot about how they organise their affairs and have talks from specialist speakers about health, well-being, safety in the home, etc. Chairperson at these meetings is Ms Filomena Ciociola. Mr Kumar Santosh organises a monthly newsletter.

In December, the Northern Federation of Ethnic Senior Citizens Clubs organises a Christmas break-up for its members. This year the Reskeon committee was invited to attend.

It was a well-organised function at the Greek Orthodox Church Centre in Coburg.

Thanks to Ms Filomena Ciociola for the invitation and organising this function.

Our Committee enjoyed the function and thanked the group and the organizer Ms Filomena Ciociola.

## MCCV News

The MCCV News is published by the Maltese Community Council of Victoria every two months to inform the Maltese community about activities, news and information that would be of interest.

Contributions should be forwarded to the Editor either by email at [admin@mccv.org.au](mailto:admin@mccv.org.au) or alternatively by post to:

**The Editor—MCCV News**  
**Maltese Community Council of Victoria**  
**477 Royal Parade**  
**PARKVILLE VIC 3052**

## New MCCV Committee



Elections were held at the Annual General Meeting, October 2018. The following are the current office bearers:

<b>President:</b>	Marlene Rita Ebejer
<b>Vice President:</b>	Victor Borg
<b>Vice President:</b>	Nicole Osborne
<b>Secretary:</b>	Andrew Gatt
<b>Treasurer:</b>	Antoinette Ciantar
<b>Assistant Secretary:</b>	Antonia Camilleri
<b>Public Relations Officer:</b>	Joseph Stafrace
<b>Welfare Director:</b>	Rosemary Attard
<b>Social Secretary:</b>	Rita Pullicino

## Latrobe Valley Maltese Association Inc.



We are incredibly proud to announce that the Latrobe Valley Maltese Festa 2018 was awarded the Latrobe City Community Event of the Year at the Australia Day Awards at Kermot Hall Morwell.

To be recognised for such a prestigious honour is humbling and a testament to the hard work of not only the committee who accepted the award today, but all of the amazing volunteers and sponsors who made the event possible.

We can't wait to do it all again!



## MCCV Council News

Watt Street, Sunshine premises

The Executive is committed to refurbishing the Sunshine premises in 2019. We aim to restyle and rebrand the front of the building, install new blinds, security doors, internet and furniture. We will also be enhancing programs to be offered at Sunshine including a monthly free legal service, aged care programs including our current planning activity group (PAG), Maltese classes once additional teaching staff are engaged and monthly drop in and catch up with events.

First free legal advice night will be held on Wednesday 27 February 2019 from 6 pm until 7.30 pm. To book an appointment call us on 9387 8922 or email us at [admin@mccv.org.au](mailto:admin@mccv.org.au) Legal advice nights will be held on the last Wednesday of each month.

### What's on

Centru Malti – Parkville

Every Tuesday – PAG program

Ladies Auxiliary Bingo – eyes down 11 am to 2 pm

Wednesday – Newport Maltese Association & Seniors Group Inc. Get Together

Thursday – PAG program

### Every Friday:

1.30 to 3.30 pm Free legal advice service – bookings essential call on 9387 8922 or email us at [admin@mccv.org.au](mailto:admin@mccv.org.au)

5.30 Maltese dinner on sale; Bingo starts at 7 pm

### Save the date:

Sunday 7 April 2019 – Figoli – get ready for Easter – come along and learn how to make your very own figoli. Keep an eye out on our face book and website page for further details to be released by start of March.

**Wednesday 8th May 2019** - Australian Maltese Chamber of Commerce and the MCCV will be holding a joint networking event, come along and find out what both organisations do, listen to some prominent Australian/Maltese Business owners speak about what they do, join us for supper and entertainment. 7 pm to 10 pm. For further details like our Facebook page and website details available early April 2019.

Date to be announced – Maltese film festival coming in May. Further details to be announced in April 2019.

## Farewell to the Consul General in Victoria

On Wednesday 9th Jan, the MCCV organised a farewell party for Ms Joanna Pisani, who had been appointed Consul General for Victoria on 15 August 2017 and whose term in Australia has now come to an end. Ms Pisani has had a long working experience in various Ministries in the Government in Malta, including most recently appointment as Chargé d'Affaires at the Embassy of Malta in Dublin. At her brief talk on this occasion she referred to the time she has spent in Australia, during which time she has made many friends. She will now be making her way to Tel Aviv to take up her new post.



## In 2019 we welcome the new Consul General of the Republic of Victoria.

Would like to officially welcome Mario Farrugia Borg, Malta's new Consul General for Victoria. Mario is very attuned to the Maltese in Victoria and very passionate about ensuring that the service he provides is community focused. Mario has settled in well in the western suburbs of Melbourne with his partner Joanne and children.

The MCCV looks forward to his community leadership and his support through mutual initiatives in the best interest of Maltese living in Victoria.



The Consul General and his team are available at the General Consulate offices at Suite 613, level 6, 343 Little Collins Street Melbourne.

**Welcome to Victoria, Mario!** Merħba fil-Victoria! Qed inħarsu 'l quddiem biex naħdmu mieghek għas-servizz tal-Komunità



Mary Pauline Galea, a professorial Fellow in the Department of Medicine, University of Melbourne, has been awarded the AM (Member of the Order of Australia), announced at the Australia Day 2019 Honours List.

Born in Rabat Malta, she emigrated with her parents in 1944.

She specialises in diseases associated with spinal cord injuries, and has received several other awards for her work.

The Maltese Community Council of Victoria, on behalf of all Maltese in Victoria, congratulate Professor Galea for this honour.





## MALTESE COMMUNITY COUNCIL OF VICTORIA

### CHSP Social Support group

### SOCIAL SUPPORT GROUPS



The Maltese Community Council of Victoria, Social Support Group provide Maltese frail older people living in the Northern and Western regions of Melbourne, the opportunity to socialise and stay connected with their friends and community.

The aim of the Social Support Group is to promote healthy, active ageing, as well as to maintain and enhance the physical, social and emotional wellbeing of Maltese elderly with a focus on wellness and reablement strategies to support recipients continuing independence within the community.

By participating in a Social Support Group older Maltese men and women can socialise with people who speak their language and share their life experiences.

The Program is centre based in Sunshine and Parkville and operates Monday to Thursday. PAG offers a warm and welcoming environment and recognises the importance of Maltese customs, traditions and religious celebrations.

### Activities

All participants are invited to enjoy a delicious Maltese meal, followed by a range of planned activities which are overseen by the staff.

Some activities include:

Gentle Exercise	Pamper Sessions	Music & Pet Therapy	Zumba Gold	Arts and Crafts
Regular outings	Guest speakers			

### Costs:

The program attracts a fee and some additional costs may be charged when participants attend special outings.



### Eligibility and Assessment

Assessment are undertaken via initial phone-based screening by the My Aged Care contact centre and face-to-face assessments conducted by the My Aged Care RAS

Potential recipients will participate in an assessment of their needs through a conversation with My Aged Care assessors. Carers and family members are encouraged to participate in the assessment process.

During this assessment any special needs, life goals, strengths and service delivery preferences are discussed.

Fees will also be discussed during this assessment.

### Transport

Participants are encouraged to make their own arrangements wherever possible, however, a community minibus can be made available. Taxis may also be used and we encourage participants to have a multi-purpose taxi cards.

### Referrals

Referrals **must** be made via My Aged Care by calling 1800 200 422 or by accessing the website at <http://www.myagedcare.gov.au/> and mentioning the **Maltese Community Centre Social Support Group**.

### Contact us

**We are located at 477 Royal Pde, Parkville and 14 Watt St, Sunshine**

**For more information, contact Maltese Community Centre on 9387 8922 or My Aged Care on 1800 200 422.**

**“Supported by the Australian Government Department of Social Services. Visit the Department of Social Services website ([www.dss.gov.au](http://www.dss.gov.au)) for more information”**

*Disclaimer:* “Although funding for the Maltese Social Support Program has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.”

## Council for Maltese Living Abroad (CMLA).

This Council is made up of representatives from around the world, chosen by the Prime Minister of Malta for a term of three years. Councillors may serve a total of two three-year terms.

The aim of this Council is to ensure that the needs of Maltese living abroad are brought to the attention of the Parliament in Malta. Up to last year the Councillors for Victoria were Prof Maurice Cauchi and Dr Edwin Borg-Manche.

New Councillors have been elected to serve for the next three years. They met for the first time in Malta in September.

### *The members chosen from Victoria are:*

Ms Edwidge Borg,

Mr Mario M Sammut,

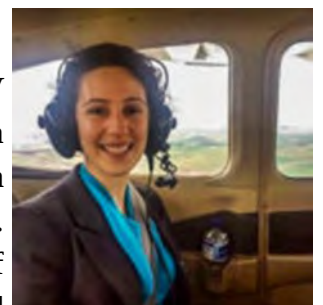
## *Kunsill għall-Maltin li jgħixu Barra minn Malta.*

Dawn huma xi punti li ġew diskussi mill-Kunsill tal-Maltin li Jgħixu barra (CMLA) misluta mir-Rapport lil-Parlament ta' Malta għas-sena sa Diċembru 2017:

1. Applikazzjoniet għaċ-ċitadinaza Maltija: qed jitiehdu passi biex il-proċessar t'a passaporti jiġi imħaffef.
2. Liġijiet dwar l-iżvilupp ta' propjetà f'Malta: Maltin li jgħixu barra minn Malta għandu jkollhom iż-ż-mien li jibgħatu l-oġġezzjoni tagħhom meta dawn jkunu se jiġu sviluppati.
3. Ir-rati ta' taxxa huma eċċessivi: Maltin li jgħixu barra ikollom iħallsu rati ta taxxi bħal membri (mhux Maltin) ta' l-Unjoni Ewropea (EU).
4. Votazzjoni mill-bogħod: proċess li għadu sejjer.
5. It-tagħlim tal-istorja tal-emigrazzjoni fl-iskejjel f'Malta: jidher li sar progress f'dan il-qasam.
6. Websajt tal-Kunsill: Il-Ministeru qed jiddiskuti din il-kwistjoni.
7. Saret insistenza dwar il-ħtieġa li l-Awtoritajiet jagħmlu akrrar milli għamlu s'issa biex jitwaqqaf l-Istitut Kulturali Malti.
8. Fondi ta' l-EU għall avvenimenti kulturali barra min Malta.

## MCCV Maltese Cultural Scholarship

The Maltese Community Council of Victoria has awarded the 2018 MCCV Maltese Cultural Scholarship to Charlene Trestrail, who is third generation Maltese and a graduate in marine science. Charlene has lived most of her life in Melbourne, where her grandparents played a key role in helping her community. This scholarship is offered annually in order to encourage young persons of Maltese background in Victoria to keep up their interest in Maltese language and culture. It provides financial assistance (\$1000) to help with the expenses involved in travelling to Malta to enrich their culture.



## ***The Maltese Cultural Institute: by Prof. Maurice Cauchi***

### *Opinion piece*

I have been clamouring for the establishment of a "Cultural Institute" for several years, in order to help us maintain our Maltese culture and language. On their visit to the Maltese Centre by Government representatives several years ago, this was a promise which they made, and which was eventually established by Act of Parliament, The *Council for Maltese Living Abroad Act, 2011*. This Act enabled the Minister, to make regulations 'to establish a Maltese cultural Institute for the promotion of Maltese culture outside Malta. The aim of the Institute was "to promote Maltese culture abroad".

Originally this Institute was to be the responsibility of the Ministry for Foreign Affairs, but was later subsumed under the Ministry for the Arts.

From the Annual Report of the Arts Council, there were 188 individuals or associations who benefitted from this fund, which amounted to around 150,000 euro (around \$250,000). As far as can be assessed from this report, none of the beneficiaries came from Maltese living abroad.

It is my view that the establishment of such a cultural institute has not made the slightest difference to the average Maltese person living in Australia, and, I believe, elsewhere outside Malta. What was originally hoped to result in a quantum leap in the cultural participation of Maltese from abroad has become a major disappointment.

## **Kif qed jimbidel l-Ilsien Malti:**

Jekk tisma ftit ir-radju jew it-televixin minn Malta mill-ewwel tibda tisma kliem li probabli qatt ma kont smajt qabel. Hawnhekk qed ingibu lista ta' kliem li smajna dan l-aħħar. Nixtiequ nkunu nafu kemm minn dawn il-kliem kont taf

### ***Malti Ġdid***

abbracċja

accellerat

acċessibilità

addirittura

affettwat

affordabbli

afforestazzjoni

aġġornat

aggressur

agrikolu

allegatament

### ***Ingliz***

embraced

accelerated

accessibility

straight away, even

affected

affordable

afforestation

t up-to-date/postpone

aggressor

agricultural

allegedly

### ***Malti qadim***

ghannaq

ghaġġel ħaffef

jintlaħaq faċiliment

malajr, saħansitra

influenzat

tiflaħ tixtri

thawwil ta' masġar

mħalli għall darb'oħra;

wieħed li jattakka

tal- biedja

kif intqal minn xi ħadd

## Associations Corner

### KLabb Ghannejja Maltin Inc:

Up coming event

Phone: 9356 4638

Sunday 17 February 2019

Cherry Lake Picnic:

### Newport Maltese Association & Seniors Group Inc.

Invites you to the

#### Carnival Dinner Dance

To be held at

**The Melrose Reception**

2 Melrose Drive

Tullamarine, VIC 3043

On Sunday the 17th March 2019 at 6.00pm.

Attire: Costume or after five :

Contact: Carmen Casa

Phone: 94368196



### Rabat Malta Seniors Citizens Association Inc.

Functions For 2019

2nd March - Social Night (Errington)  
D.J. Charlie Disco King Nemes

24th March – B.B.Q Members only  
(Errington)

6th April - Social Night (Errington)  
D.J. Charlie Disco King Nemes

13<sup>th</sup>/14<sup>th</sup> April Bus Trip to Albury

### Reskeon Maltese Association Seniors Group

#### Food Hampers for the Poor and the Homeless

Every year, the Reskeon Maltese Association Seniors Group organises a large hamper of food and toiletries to be distributed among the poor and the homeless. Fr Bob Maguire Foundation organises the collection of such food to be distributed to the needy.



Reskeon used to ask members weeks before Christmas to bring items of food to the weekly meetings. Members are always willing to help this way. Then Reskeon organises a shopping spree to add to these items.

In the picture along with the items of food is Canon Fr Manny Bonello, Parish Priest of St. Joseph the Worker Church, North Reservoir, with Reskeon President, Salvina Vella, and Vice-President, Madeleine Vella. Not in the photo is committee member Sylvia Dakin who helped organising this donation.

Fr Bonello each year organises "stars" on the Christmas Tree at the Church, with an item of food so that parishioners take it home and return it with the item to the church the following week.

If more associations take the same initiative a lot of needy people and young children will have a better Christmas.

Fr Manny Bonello said that from our Advent/Christmas Giving Tree in St Joseph the Worker Parish North Reservoir, 39 boxes of food, toys and other gifts were sent to the Father Bob Maguire foundation, helping the homeless and others in need. [www.fatherbobs.com](http://www.fatherbobs.com) These were picked up by



the foundation's van called Hope Mobil. Thanks to the helpers and to all generous parishioners, groups and friends. Happy Christmas and happy new year to you all.

- Paul Vella





## Hu Hsieb Saħħtek

Professur Maurice Cauchi



### Is-suffejra u problemi oħra fil-fwied

**I**l-fwied għandu xogħol importanti ħafna biex iżomm il-ġisem normali. Insibu, per eżempju li l-ikel kollu li nieklu jgħaddi mill-ewwel għal fwied fejn is-sustanzi kollha jiġu użati biex jipprovdu vitamini, zokkor, xaħmijiet, proteini u ħafna affarijiet oħra.

It-tieni nett, il-fwied huwa essenzjali biex inaddaf id-demmi minn ħafna prodotti li jingabru fil-ġisem, u dawn jgħaddu għall-marrara u minn hemm għall-musrana.

It-tielet, il-fwied jagħmel certi proteini, bħall-albumina li hija essenzjali fid-demmi; jagħmel ukoll proteini li mingħajrhom id-demmi ma jagħqad sewwa.

U allura meta il-fwied ma jaħdimx sew, nistgħu nistennu ħafna problemi.

**Kif nindunaw li l-fwied mhux qed jaħdem sewwa?**

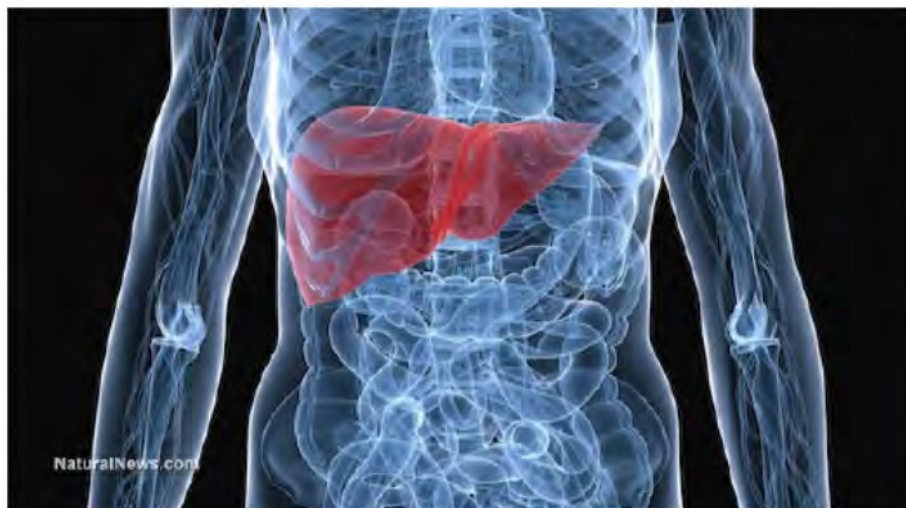
Wahda mis-sintomi l-aktar importanti hija *is-suffejra*: dan ifisser li il-ġilda tibda tisfar għaliex il-fwied ma jkunx jista' isaffi d-demmi minn certi sustanzi (imsejha *bilirubin*) li jingemghu fid-demmi. Is-suffejra tista' tiġi minn-mard tal-fwied, bħal infezzjonijiet (imsejha *epatite - hepatitis*). Is-suffejra hija komuni ukoll meta titrabba xi ġebela fil-marrara.

Meta il-fwied ma jkunx qed jaħdem tajjeb ikun hemm sintomi oħra, bħal nuqqas ta' aptit, uġiegh fuq in-naħa tal-lemin taħt il-kustilji, u sintomi oħra. Insibu wkoll problemi fid-demmi imħabba nuqqas ta' proteini li jgħaqqdu d-demmi.

Ħafna drabi dak li jkun ikollu temperatura għolja, (id-deni), u ħafna drabi jibda jiremmetti ukoll.

**X'igib il-mard fil-fwied?**

Infezzjonijiet fil-fwied huma relattivament komuni. Ħafna drabi dawn jiġu minn infezzjonijiet minn xi virus (msejja, *epatite 'A', 'B', 'C'*



eċċetra) Xi uħud minn dawn il-virus (*epatite 'A'*) jiġu minn ikel infettat, waqt li virus oħrajn (*'B', 'C'*) jiġu minn kontaminazzjoni minn demmi jew prodotti oħra tal-ġisem. Għalhekk insibu dawn l-infezzjonijiet f'dawk li jużaw is-siringi ta' xulxin, jew jagħmlu sess mingħajr protezzjoni.

Ma ninsewx ukoll li dawk li jixorbu ħafna alkoħol (spirti, birra, wiski, eċċetra), jistgħu jiżviluppaw mard tal-fwied.

Meta il-mard jkun dahal sewwa l-quddiem, allura ikun possibbiltà ta' komplikazzjonijiet, partikularment dak li jissejjaħ *liver failure*, (falliment tal-fwied), jiġifieri, li l-fwied ma jkunx jista' jagħmel dak ix-xogħol li semmejna hawn fuq. Jista' jiġri ukoll li jiżviluppa xi tumor jew kanċer fil-fwied.

**Ġebel fil-Marrara**

Ħafna nies, b'mod speċjali in-nisa, jistgħu ibatu bil-ġebel fil-marrara. Dawn jitrabbew fil-fwied jew fil-marrara u jistgħu jgħibu problemi, għaliex jistgħu jikkagunaw uġiegh qawwi ħafna. Ħafna drabi dawn il-ġebel jitrabba f'dawk li ikollhom kolesterol u xaħmijiet għoljin jew infezzjoni fil-marrara. Nisa li għandhom ħafna tfal huma aktar sugġetti għal dan. Ġebel ta' kwalità

oħra (imsejha *bilirubin stones*) jitrabba meta ikun problemi fid-demmi.

**Kif nevitaw problemi tal-fwied?**

Kif semmejna hawn fuq, hemm ħafna raġunijiet għax jiżviluppaw problemi tal-fwied. Insemmu per eżempju:

- Il-ħxuna u nuqqas ta' eżerċizzju jistgħu jgħibu xi problemi, bħal ġebel fil-fwied
- Infezzjonijiet fil-fwied: dawn jagħmlu ħsara fil-fwied u allura għandna nevitaw li nużaw siringi li użawhom haddiehor jew sess mingħajr protezzjoni
- Nużaw tilqim ('*vaccination*', '*immunization*') biex inħarsu lilna infusna u lill uliedna minn mard bħal *epatite*.
- Ix-xorb (alkoħol) żejjed jagħmel ħsara kbira fil-fwied.
- U fl-aħħarnett, meta naraw xi sintomi kif semmejna hawn fuq, immorru malajr nagħmlu vista għand it-tabib, għax aktar ma l-problema tidhol il-ġewwa, aktar jikber il-gwaj. ♦

Jekk għandek xi mistoqsijiet dwar is-saħħa jew tixtieq aktar informazzjoni dwar kundizzjonijiet ta' saħħa, ibgħat imejl lil [pro@mccv.org.au](mailto:pro@mccv.org.au).



## Meet a local Maltese

In this edition and upcoming editions the MCCV would like to introduce you to different people of Maltese heritage living in Victoria. If you would like to include yourself or someone you know who has done something extraordinary and/or interesting forward an email to us at [admin@mccv.org.au](mailto:admin@mccv.org.au)

This month we introduce you to Ros Farrugia.

Ros was born in Zabbar, Malta, 1971, and then his whole family moved to Australia in the 1980s. Ever since he was a little boy his dad would take the family fishing and shooting. Ros loved it that much it carried on with him into his adult years.

He loves supplying fresh fish, ducks and rabbits for his family to eat. Ros also enjoyed having taxidermized animals. As a boy a family friend allowed Ros to watch and learn from him. As a teenager he learnt how to taxidermy ducks. His love of this turned into a fulltime job. He worked full time for one company for 26 years until it closed its doors. Then Ros started his own business, Western Taxidermy. He is kept very busy enough for him and his wife, Tania, to make a living working from home. Ros is considered an expert in his field entering various Australian competitions. He won first prize in 2016 for his duck, second in 2017 for both his fish and ducks, and in 2018 he again won first prize for his duck. Here are some photographs of Ros at work.



## Stuffat ta-Fenek:

*provided by Julie Mizzi*

1 rabbit cut into portions  
1 cup red wine  
2 cups water  
2 onions, finely chopped  
3 garlic gloves, peeled and thinly sliced  
4 carrots, peeled and diced  
4 potatoes, cut into quarters  
1 cup frozen peas  
1 bottle of tomato puree  
3 bay leaves  
2tbsp curry powder  
Salt and pepper

Heat olive oil in a heavy based casserole dish and sear the rabbit on both sides until lightly browned.

Remove and set aside.

Add the onions until browned.

Add the garlic and gently fry for about 1 minute.

Add the rabbit back to the dish.

Add the carrots and the potatoes.

Add 1 bottle of tomato puree and gently stir.

Add the red wine and water.

Add salt and pepper, bay leaves and curry gently stir.

Bring to a boil for 10 minutes then reduce to low for approx. 1 hour or until rabbit is cooked.

Check to see if potatoes are cooked.

Add the frozen peas simmer for another 5 minutes.

Enjoy with crusty bread.

Bon Appetit!



## **MCCV: From the Annual General Meeting, held 24th October 2018**

The outgoing President Mr. Victor Borg summarised the outstanding issues, including:

Penalties from the Australian Taxation Office, relating to fringe benefits,

MCCV membership with organisations, like the ECCV,

Community issues: including expansion of the Home Visitation and Aged Care Facility.

Grants, essential for continuing the welfare work of the MCCV, including the planned activity group,

Carers' group: regular meetings held at the Sunshine premises, as well as organising occasional outings,

Home visitation scheme: extended services: information kit and the Maltese Cultural Resource Directory are now available,

Advisory referral service on a five-day per week is available. A Maltese speaking solicitor is now available at the Centre by appointment, on Fridays,

### **Changes to the Constitution:**

**The MCCV Cultural Educational and Home Care Services Inc.** will be responsible for aspects that previously fell under the MCCV Inc. The statement of purposes of the MCCV was amended by including purposes which were of a benevolent nature.

At a general meeting held on 15th April, 2018, where 34 Associations were in attendance, the Council's proposals were unanimously approved.



## **MCCV Community Awards.**

In 2012 the Maltese Community Council of Victoria established its Annual Community Awards to publicly recognise, and show its appreciation for, the valuable contribution of Maltese people to the enrichment of the Maltese community in Victoria, whether by their contribution to scholarship, education, welfare services, arts and generally to the well being of our Maltese community.

There are five categories of MCCV Community Awards:

- Scholarship and Education
- Culture
- Welfare Services
- Youth
- General services to the community

Affiliated Associations are encouraged to nominate persons for these award by forwarding information to the MCCV on email: [admin@mccv.org.au](mailto:admin@mccv.org.au)

Nomination close 30th June 2019.

# LEARN MALTESE

FOR PLEASURE, WORK OR TRAVEL

BEGINNER ADULT CLASSES STARTING



## NEXT CLASSES STARTING ON

• 7 February, 2019

**Don't let distance or work/family commitments stop you! If you cannot come to our class, Join us live online.**

**WHERE: MALTESE COMMUNITY COUNCIL VIC Inc.  
ROYAL PARADE -  
PARKVILLE VICTORIA**

**WHEN: THURSDAY AT 6.00 PM**

**Tel: 03 9387 8922 or 0412 115 919 after hours  
<http://www.mccv.org.au/language-classes/>**



**MALTESE COMMUNITY COUNCIL OF VICTORIA INC.**

**447 Royal Parade Parkville, Victoria  
Australia**

MCCV qed jilqa' applikazzjonijiet għall-pożizzjoni ta' għalliem/a part-time tal-lingwa Maltija, (darba fil-gimgha, il-Ħamis filgħaxija).

Applikanti għandhom ikollhom għarfien sewwa tal-Malti kemm miktub u mitkellem. Dan huwa xogħol bi flus.

Ibgħat l-applikazzjoni bid-dettalji akkademiċi lill :

[edwidgeborg@hotmail.com](mailto:edwidgeborg@hotmail.com)

Għal kull tagħrif ieħor, ċempel fuq 0412 115 919, ħalli n-numru tat-telefon u aħna n-ċemplulek lura.

## Community Events Calendar

For up-to-date and more detailed information, visit our website at [www.mccv.org.au/community-events](http://www.mccv.org.au/community-events)

### Upcoming meetings to be held at the Maltese Community Centre, Parkville.

#### MCCV Next Council Meeting:

Sunday 3rd March 2019 start 1.00 pm  
With a BBQ.

Medical Talks: These talks will start again starting from Tuesday 4 March 2019.

#### Ladies Auxiliary:

Tuesday Bingo starts 11am - 2.00 pm

**MCCV Bingo:** Every Friday 5.30 - 10 pm.

Mass 1st Friday of the month at 5.30pm.

### Preston Reservoir Bowling Bowls Club

meet once a month our next games are on

Sunday 10th February

Sunday 3rd March

Sunday 7th April

Games start at 11am with a sausage sizzle half way through the games.

#### ENQUIRIES:

Phone: 9469 3547

Email: [resbowls@bigpond.com.au](mailto:resbowls@bigpond.com.au)