



NEWPORT NEWS

The Official Newsletter of the
Newport Maltese Association and Seniors Group Inc.
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Andrew Gatt —Editor

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The President's Message



Dear Members and Friends, First and foremost, I hope that you and your families are all well and safe. As you are aware things tend to change without notice. One minute we were back to normal with our weekly meetings and trips away when all of a sudden we were back to square one with lockdowns, hopefully not for the extended periods like we had last year. As a committee we are always looking on ways and means to keep the members happy, safe and united, to the best of our ability.

We were quite pleased that we could hold the Mother's Day Function, which was well received and thoroughly enjoyed by everyone. Needless to say on one of the Wednesday's meeting we managed to surprise everyone with a FREE luncheon for the members that were present. The Hobz biz Zejt was a great success, followed with Lasagne and for desert Kanneli Tal Irkotta. Wine and soft drinks were also supplied free.

The following day Thursday, was an early start for the committee and member's travelling on a two-day adventure. As usual everybody was at the Maltese Centre on time. At 7.30 everybody was ready to go, mind you I thought that the early start would dampen some of the enthusiasm. How wrong I was. Everyone was full of beans, and looking forward to our trip, the first one for the year. On trips like these, bingo is a must. We had a new caller who entertained us with his way of calling bingo. Instead of all the ones, ELEVEN, he said one and one ELEVEN, when he was told how he should call the doubles, forty-four came up and he remembered to say all the fours, but instead of FORTY FOUR he called ELEVEN. He managed to confuse everyone however they all enjoyed a good laugh.

Our coach Captain Benny was full of information, some of the history we learnt was new to most of us even though we have travelled to these places before. The visit to Chambers Winery in Rutherglen was great, we managed to sample a range of the wines and many bottles were bought. On Friday we travelled to Bright to experience and admire the beautiful autumn colours and were we stopped for coffee, and then travelled through Myrtleford and Yackandandah on the way to Mount Stanley. Lunch was a BBQ with pre-lunch Roasted Chestnuts.

As a matter of fact, we were planning on another trip when thunder struck and we were back in lockdown. As I am writing this, we are still planning to have the Christmas in July Luncheon as we are hoping that the lockdown will be over by then.

In the meantime, please stay safe and keep in contact with each other.

Till we meet again. GOD BLESS

Joe Ellul
President



FUN & GAMES NIGHT 10th April 2021

By Gwen Busuttil



As the name suggests, we are ready to have fun, let our hair down (sorry Joe and Victor) yours has been there quite a few years ago now... no pun intended.

This is one of the most popular events in our calendar. The food is always to your liking (as you brought it along) the companionship is also your friends that you selected to sit with. The games are our choice. Of course some we played before, and are your favourites too, e.g., the horse race, that is so much fun, and so many backers, in the end, all those that backed every horse ended up getting their money back.

Trivia is also popular, and we all end up learning something from it, on our table we were debating which is the most expensive house. It was a tossup between the White house, or Buckingham Palace, would not like to pay the bills for either of them, we picked the wrong one. Congratulations to table 9 who beat us to the punch.

Maria Mallia was the courageous volunteer for the "butterfly" game. You are such a good sport Maria, you deserved the wine and chocolates.

Another favourite is Bingo, especially when it is free! If you sat next to a winner, you also won chocolates, to keep it even, some were on the left, and some on the right. It was hard keeping up, as while Rennie was calling the first five games, I had to mark both his and mine.

Laughter was the name of the night, Joe our president promised us he would look into holding another one during the winter months. **Do not miss it.**



Maltese traditional recipe: Torta tal-lampuki (lampuki pie)

Lampuki is also known as dolphin fish or dorado.

Ingredients:

- 400 g flaky or puff pastry
- 800 g lampuki
- 1 medium sized cauliflower
- 150 grams of carrots
- 12 black olives, boned and halved
- 2 tablespoons of capers (rinse well if brined)
- 2 tablespoons of tomato purée
- 2 tablespoons of sultana raisins dehydrated in warm water
- 2 onions
- 2 cloves of garlic
- 250 ml/1 cup fish stock
- Olive oil
- Salt and pepper



Instructions:

1. Cut the fish into three inch tranches, putting the head and tail aside. These can be used as the base of a fish stock used in the recipe. Steam or shallow fry, do not overcook. Remove the bones of the fish and set the filleted tranches aside,
2. In a large wide saucepan fry the finely chopped onions and garlic, add the tomato purée, chopped cauliflower heads and carrots together with 250ml/8 fl oz/1 cup of fish stock and cook until the vegetables are tender. Add the chopped olives, capers and sultana.

Line a pie dish with $\frac{3}{4}$ of the pastry. Place half of the vegetable mixture into the pie dish and spread the fish evenly over it, then cover the fish with the remaining half of the mixture. Spread the remaining pastry over the filling and with a pastry brush spread some beaten egg or milk whilst pricking all over with a fork. Bake in a moderate oven until the pastry is golden brown. Do not serve until lukewarm as it may crumble. Like all pies this is often tastier the next day when warmed up.

These are difficult times and the attached links may help if in need REACH OUT.

<https://www.dhhs.vic.gov.au/coronavirus/maltese>

<https://mccv.org.au/wp-content/uploads/sites/16/2020/06/Getting-tested-for-COVID-19-Maltese.pdf>

<https://www.sbs.com.au/language/maltese/coronavirus-updates>



Stay safe
Viva

NEWPORT.



Mothers' Day Sunday 2nd May, 2021 by Gwen Busuttil.

Having missed out last year, this year we made up for it. Joe and Andrew welcomed everyone then the National Anthems were played, followed by all the gentlemen remaining standing to toast all the mothers who joined us on this special day.

DJ. Domenic was there to entertain us, and although it was a luncheon, the dance floor was well used. We need more of this to shed the extra kilos which seem to pile on during lock down. Melrose staff worked silently in the background to make sure that the meal was delicious, and the empty bottles were replaced like a well oiled machine. We were not left wanting.

Every lady present enjoyed taking home a bottle of Lindeman's Porphyry Blanc to enjoy. Hope you all enjoyed the extra touch of the Mother's Day Card attached. Loved watching all the dancing, even the one holding on to the railing so she would not miss out. We had all the favourites played, waltzes, tangos, fox trot, rock n' roll, some line dancing, and off course the Nutbush.

Thank you to Stan Azzopardi, who played for us on his trusted guitar, most especially when he played a tribute to my late brother Oliver with his rendition of the Shadows. He so loved them. Pretty soon it was time for the raffle, and if you are reading this, this is the time when members can give their support to our functions. We subsidise every event, most especially this one. So we do thank all those who participate in the Raffles.

When everyone was heading out, Rennie helping the ladies across the steps outside, and I placed myself near the door to bid farewell to everyone, and the general consensus was the success of the function. PROSET was echoed by all.



ALBURY/ BRIGHT TWO DAY TRIP By Gwen Busuttil

Big day ahead of us today, so it was an early start. 7a.m. and most of the members were already on the coach, pretty soon the rest arrived and we were on our way. After a short prayer, we drove onward towards Nagambie for our first morning tea stop. Victor Casa relishes these trips together with his trusted tongs passing out goodies to everyone. Thank you to everyone who contributed to the offerings.

Bingo was next on the agenda, and the winners were all from the back of the coach. Some even won twice.... nobody can say.... hallilin u ta Newport hallilin.

Tocumwal was our lunch destination, and testing our luck on the machines, which were not forthcoming. Then on our way to Rutherglen to Chalmers Winery. Think the winery were happy to see us, as quite a few boxes found their way into the cargo hold in the coach. Next stop was Atura Hotel in Albury, and like a well oiled machine, everyone had their room keys and their luggage to take up with them. Wow, this was nice, not a little motel room with brown and orange furnishings. Loved the bathroom, shower, coffee machine, desk, and a comfortable bed. After a bit of a rest, we all did our own thing as far as dinner was concerned. Many of us opted to the beautiful Commercial Club, which was just across the road from the Hotel, and seeing it started to drizzle, was very handy indeed. Great choice, everyone was happy with their meals, and as it was a long day, it was an early night for many of us.

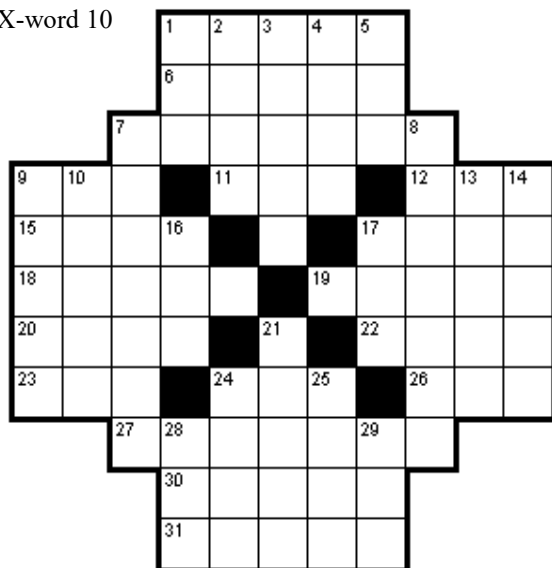
Breakfast was on at 7a.m. and what a lovely 'help yourself' it was too. All was on offer, nice and hot, and plenty of it. By 8a.m. we were back on the coach for a truly wonderful day ahead of us. This is when Benny our Coach Captain came on to his own, as his knowledge of this part of the world was just so informative.

Yackandandah is a little Alpine Town, which is reminiscent of days gone by, all the time you could not help but appreciate the beautiful scenery which was all around us. Onward to Myrtleford and Bright, which is just the place to be in May. A stop for morning tea, then along to Stanley with a running commentary of all the places of interest, and events that took place in the past, like the Tobacco Plantations, the Gold Rush, and the people who influenced these towns during the late 1800 and the 1900s. Along the winding road towards the chestnut farm, where we were having a BBQ lunch. It was cold, we are quite close to the snow fields of Victoria here, and to greet us was a nice big outside room with a big log fire burning in the centre. Surrounded by tables and chairs, wine, soft drinks, and roasted chestnuts. Thanks to Benny and some helpers the steaks and sausages were soon ready, and together with continental bread and salad, the multitude were served.

We bought Walnuts, Hazelnuts, Chestnuts, Jams and Pickles, Apples, Chutney and even Honey, just to name a few, Carmelina was the lady that tended to us, and the sign said (limit of 6) which of course, you guessed it, was ignored. Full and very chatty, we left with all our purchases, onward to a tour of Beechworth, all the time learning more about the surrounding area. Beechworth Bakery is renowned for its BEESTINGS. I was so looking forward to them, but the queue was way too long, so maybe next time. The consensus was that this was one of the very best trips we have had, if we had to better it, would have been to make it longer. Thank you all for joining us.



X-word 10



Across

1. Reluctant (5)
6. Ice hut (5)
7. Giddiness (7)
9. Playing card (3)
11. Snakelike fish (3)
12. Body of water (3)
15. Open pastry (4)
17. Male deer (4)
18. Live broadcasting sign (2,3)
19. Waive (5)
20. Solitary (4)
22. Security interest (4)
23. Guided (3)
24. Strike (3)
26. Weep (3)
27. Do away with (7)
30. Theatrical production backer (5)
31. Indigent (5)

Down

1. Prevaricate (3)
2. Fiend (4)
3. Change (5)
4. Work hard (4)
5. Domestic swine (3)
7. Porch (7)
8. Large flightless bird (7)
9. Coral reef surrounding a lagoon (5)
10. Small boat (5)
13. Avid (5)
14. Torment (5)
16. Neckwear (3)
17. Roman counterpart of Greek Helios (3)
21. Accumulated water in a ship (5)
24. Sharpen (4)
25. Bound or secured (4)
28. Prohibition (3)

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ACKNOWLEDGEMENT

The President and Executive Committee of Newport Maltese Association & Seniors Group Inc. wish to thank the Department of Premier and Cabinet and the Victorian Multicultural Commission for their continued support of our Club.



President Roosevelt's Citation

By George Saliba



We are all familiar with the presentation of the George Cross to Malta by King George VI of Great Britain. The award was presented to the people of Malta on the 15th April 1942, in recognition of their continuing and heroic struggle against repeated and continuous attacks during World War 2. But, I wonder how many of us are aware of the visit to Malta on Wednesday, 8th December 1943 by President *Franklin Delano Roosevelt* of the United States of America. On his arrival President Roosevelt declared that for many months I have wanted to pay some little tribute to this island and to all the people, Civil and Military, who during these years have contributed so much to democracy, not just here, but all over the civilized world.

He continued to say, I have here a little token, a scroll, a citation and may I read it to you:- In the name of the people of the United States of America, I salute the Island of Malta, its People and defenders, who in the cause of freedom and justice and decency throughout the world have rendered valorous services far above and beyond the call of duty. Under repeated fire from the sky, Malta stood alone but unafraid in the centre of the sea, one tiny bright flame in the darkness, a beacon of hope for the clearer days which have come.

Malta's bright story of human fortitude and courage will be read by posterity with wonder and gratitude throughout all ages. What was done in this Island maintains all highest traditions of gallant men and women who from the beginning of time have lived and died to preserve civilization for all mankind.

Just for the records:- During World War 2 Malta holds the record for suffering the heaviest sustained bombing attack, 154 days. The War left Malta devastated, over 10,000 buildings damaged or destroyed. In the course of 5,807 sorties (operational flights by aircraft) 6, 557,234 Kilograms of bombs were dropped.

This was almost as much as the total dropped by the Luftwaffe (German Planes) on the whole of Britain at the height of the Battle of Britain in September 1940.



Corny Dad Jokes

"I'm afraid for the calendar. Its days are numbered."

Why do fathers take an extra pair of socks when they go golfing?" "In case they get a hole in one!"

"Singing in the shower is fun until you get soap in your mouth. Then it's a soap opera."

What do a tick and the Eiffel Tower have in common?" "They're both Paris sites."

"I thought the dryer was shrinking my clothes. Turns out it was the refrigerator all along."

"What do you call a factory that makes okay products?" "A satisfactory."

"Have you heard about the chocolate record player? It sounds pretty sweet."

"What did the ocean say to the beach?" "Nothing, it just waved."

"I only know 25 letters of the alphabet. I don't know y."

"What did one wall say to the other?" "I'll meet you at the corner."

"What did Baby Corn say to Mama Corn?" "Where's Pop Corn?"

"What does a sprinter eat before a race?" "Nothing, they fast!"

"Where do you learn to make a banana split?" "Sundae school."

"Why don't eggs tell jokes? They'd crack each other up."

"What do you call someone with no body and no nose? Nobody knows."

"Dad, can you put my shoes on?" "No, I don't think they'll fit me."

"How do you make 7 even?" "Take away the s."



Continued from page 5.



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AND SENIORS GROUP Inc.
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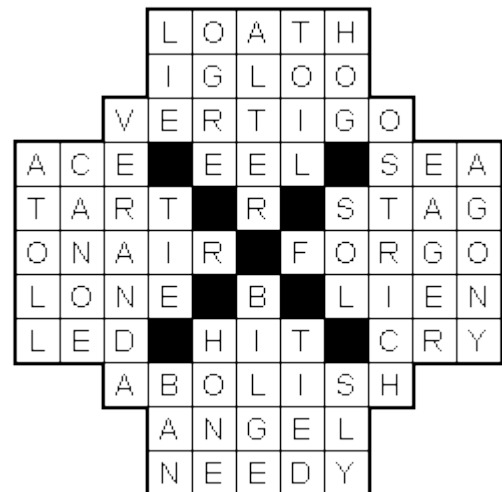
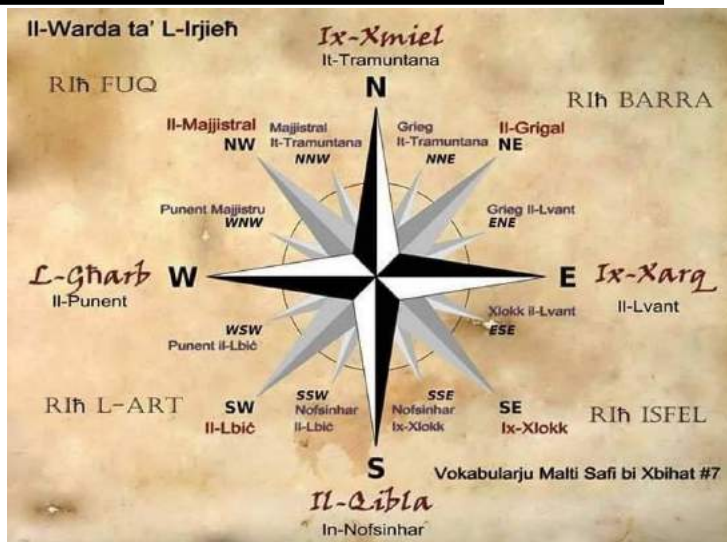
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Covid or not Covid

Oh Covid what have you done to us, made us sick, locked us up, mental health has now become a common thing then will I get the Covid injection it may harm me or will it save us will it allow me to see my friends and my family. These are discussion we are having and for all intents and purposes we are really hard done by! then you start to think about our parents and the hard years of the war , little food, giving birth in shelters, houses bombed day after day and for most of us our parents left their homeland to give us an opportunity for a better life so my way of looking at this is to only worry about what I can control.

Don't think about just live it!



Newport Maltese Association And Senior Group Inc

Sunday 4th July

Sunday 29th August

Monday 13th September

Sunday 26th September

Sunday 10th October

Late October

Sunday 21st November

Sunday 5th December

Friday 31st December

Postponed will be rescheduled.

Fathers' Day Lunch

Day Trip TBA

AGM

Annual Dinner Dance

Annual Trip TBA

Spring Carnival Parkville

Christmas Break-Up

New Year's Eve Ball

Where are they now!

How many of these members do you know?



Did you Know?**Australian Census 2021.****Who was the first Maltese to arrive in Australia?**

Immigration History from Malta to Victoria The first Maltese to arrive in Australia were convicts, transported in the 1810s for deserting their British regiments. Malta was then a British colony. The first free settler, Antonio Azzopardi, arrived in Melbourne in 1837 and became a successful businessman, but few Maltese followed in his footsteps.

Why did people emigrate from Malta to Australia?

Britain encouraged emigration as part of a strategy of populating the Empire with white British subjects, while emigration was vital to Malta as a small, resource-poor country. Yet, Australia's 1901 Immigration Restriction Act kept the number of Maltese arrivals low in the early 20th century.

Australian Census 2021

On the 10th of August this year the Australian Bureau of Statistics census will be held and Census Form Filling assistance will be provided to the Maltese speaking community at Parkville Date to be arranged. Newport Association will update members of the date in due course. It is important to the MCCV and all Associations that you list your language as Maltese as that would make it easier to have a voice with the Government and also for Cultural grants which in turn would help all Associations.



To all of our members who are celebrating Birthdays or Anniversaries over this period we wish you all the happiness and health on these occasions.



The Committee:

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