



# NEWPORT NEWS

The Official Newsletter of the Newport Maltese Association Inc.  
C/- 477 Royal Parade, Parkville, Victoria 3052

September 2011

Lydia Cole—Editor

Vol. 2 Issue 23

## *The President's Message*

*Dear Fellow Members & Friends,*

**B** *the time you will be reading through this edition of "Newport News" you would have received notification of all the "proposed changes to the Constitution" the Committee is planning to put forward at the Annual General Meeting which is to be held on Sunday 2<sup>nd</sup> October at the Maltese Community Centre in Parkville.*

*The Committee spent a considerable amount of time studying the Constitution to make sure that the end result will bring us in line with the present and to everyone's satisfaction. So, I urge you all to, carefully study the "changes" and then together we can put the seal of approval.*

*I take this opportunity to welcome back to Australia the founder of our Association Reverend Father Victor Shields. Fr Shields is also a highly qualified Psychologist.*

*Just recently he delivered a series of three lectures at the Maltese Centre in Parkville. The lectures were an eye opener about various problems we encounter during our lives and how you overcome these problems. Those who did not take advantage of these free lectures, don't know what they've missed.*

*This year a good number of our members traveled to Malta for a summer vacation. Now that summer is on its way out in Malta, we are beginning to welcome back members of the Association and the Group back to Australia. Its certainly great to have you all back safe and sound. But what a pity you didn't drag along some of the hot weather with you to compensate for the cold miserably weather we've been having here.*

*The very first activity organized by the Association was a "Dinner Dance" at the Fiesta Ballroom in Footscray. That was in 1973.*

*As the years rolled on, the Association annually, celebrated its existence, with a Dinner Dance. On Saturday 2<sup>nd</sup> July we held our 38<sup>th</sup> "Annual Dinner Dance" at Taylors Lakes Banquet and Convention Centre. The night was a huge success, But I had one concern, and here it is:- on the night, only 101 were members of the Association. I'm sure, like me, my fellow committee members felt a bit disappointed when you consider our membership is 300+.*

*The Bishop Joe Grech Memorial Fund appeal has now exceeded the \$25,600 mark.*

*Our Association has always been at the forefront in donating money to what we believe is a worthwhile cause. Therefore I'm pleased to inform you that our contribution to the appeal was to the amount of \$2,000.*

*You may be interested to know that the "Association Newsletter" is now being published in the Maltese Community Council of Victoria website.*

*What this means of course, is that our  
Contd. overleaf*

*Newsletter is now reaching places beyond our shores. If you are interested in having a look, here's the MCCV website: [www.mccv.org.au](http://www.mccv.org.au)  
Until next time Sahha.*

**George Saliba**  
*President & Senior's Co Coordinator*

## Annual Dinner Dance 2nd July 2011

It was a cold wintery night but we braved the weather to attend our Annual Dinner Dance at the Lakeside Banquet & Convention Centre at Taylors Lakes. Everyone came rugged up saying how cold it was but after a few drinks we all warmed up to the occasion and with Mario's help (Moods Music) everyone got up to dance at one time or another. Of course, there are those who would not miss any dances at all (no names mentioned) and get up for every dance, but that's what we want to see. The floor was always packed and greetings of 'hello's' and 'hi's' were expressed to each other whilst dancing, especially those who only meet on occasions like this. For some extra entertainment, a pleasant surprise from Manuel Baldacchino who volunteered to give us a rendition of songs which delighted us all. Thank you Manuel.

Our special guest for the night was Dr. Victor Shields, the founder of this Association, who is visiting from Malta.

The Hall, the food and the service at Lakeside, in my opinion, cannot be surpassed. Well done Lakeside and well done Mario. A big **THANK YOU** also goes to the committee for organizing these successful functions.

Congratulations to all the raffle winners.

Hope to see you all at our Annual General Meeting on the 2nd October and then at our Get Together on the 22nd October, both being held at the Maltese Community Centre in Parkville.

**Lydia Cole**  
**P.R.O.**



***THE NEWPORT MALTESE ASSOCIATION WISHES TO THANK AND ACKNOWLEDGE THE MULTICULTURAL COMMISSION OF VICTORIA FOR THE GRANT OF \$2000 OVER THE NEXR TWO YEARS***



**Mr. Manuel Baldacchino giving us an enjoyable medley of songs at the Annual Dinner Dance**

# Seniors' Corner

By George Saliba  
Seniors Co-ordinator

## FUN & GAMES NIGHT

Fun, fun, fun, that's what we planned for the 4th of June when we held our second "Fun & Games Night". The variety of games we organized on the night were all very popular with the members who attended and we certainly were not short of volunteers when we called on them for participation.

I suppose, you could say the slogan for the night could read "Anything Goes".

On the night, members are asked to B.Y.O. food and drinks. Rest assured, we Maltese will never die of hunger. I think the amount of food that was there on the night could have lasted for a week.

We started the night playing Bingo (free) and the lucky winners had a variety of prizes to choose from. Bingo, no need to tell you is a very popular game, but what I find funny is the different ways, players signal a win:- bingo; thank you ; fatta ; yes ; ghawn ; here ; ooh ; yep.

Horse Racing was next on the agenda. Thanks to Joe Ellul, who managed to electronically, projecting the races on the big screen, which made it so much easier for everyone to follow the races. Ten horses (numbered 1-10) were raced on a distance of 2,000 metres, simply by tossing a dice to determine which horse to move forward a distance of 100 metres at a time.

I never knew that we have so many talented members until we started to play Trivia. 15 questions were put to the members who teamed up in groups of 10 maximum. Most questions were answered correctly, nearly by every group, and after using the reserve list of questions, we had to flip a

coin between two groups to determine the winners.

Laughs Galore, when we started the Balloon Races. Everyone wanted to be a part of the action, but after running short of prizes we had to call it quits. One hour of Karaoke with the biggest percentage of participation coming from the Ladies brought the end to another very enjoyable evening.

## CHRISTMAS IN JULY

Members of the Committee got to the center early in the afternoon to set up the tables and chairs. The hall with all the decorations, certainly helped to create a Christmas atmosphere. Mario Sammut was there to provide us with the music. St Alban's Catering staff were there to provide us with a 3 Course Dinner. So, everything was set for us to have a good time, and a terrific time we certainly had. Although it doesn't come as a surprise to me, because we are very fortunate to have a group of members who knows how to have a good time right from the start, till its time to go home.

## ANNUAL GENERAL MEETING

The meeting was held at the Maltese center in Parkville on Wednesday 10th August.

A total of 155 members attended on the day, a very encouraging sign for us, as we feel, participation of the members is important when we are holding the AGM.

We started the day with the usual game of bingo and the men enjoying the game of billiards. The committee provided lunch which consisted of Baked Macaroni and for sweets the ever popular "kannol bl-irkotta".

The members were informed that in general, the past year has been a good year for the group with good attendances to all the functions and also the weekly gathering.

Reading through the financial report, it was made clear that financially we are in a very stable position and that can only benefit the members

Contd. Overleaf.....

The Co-Ordinator, George Saliba thanked the Committee Members for their continuous dedication to the Group and the members for their ongoing support

He closed the meeting by saying:- **UNITED WE STAND – VIVA NEWPORT.**

## **Father's Day Function**

**By Joe Ellul  
Secretary**

**F**ollowing the successful mother's day function the Committee thought that we should organise the Father's day function at the Melrose Reception Centre as well.

Needless to say, this was leading to another function to remember. Even though we celebrated Father's Day a week after the actual event, everyone was looking forward to it. At 11.30 AM the members started arriving. The committee members, who arrived earlier to ensure that everything was ready, greeted the members and directing them to their tables as they were coming in. Unfortunately Miriam and James Cunningham were a late scratching, as Miriam fell down and broke her arm, so if you missed out on a hug or a kiss you have to wait for the next function.

Once everyone was seated George Saliba greeted everyone and introduced Mario as our DJ extraordinaire, and let me tell you he was not wrong. I have never seen so many members on the dance floor dancing the afternoon away. If it was not for eating the sumptuous meals prepared, the tables would have been empty all afternoon.

As soon as the first course was finished George and Victor Casa drew the door prizes which were won by Joe Abdilla, Joe Azzopardi and Tony Zarb. They each received a bottle of Johnnie Walker and no matter how much we tried none of them wanted to share them with us.

Another highlight of the day was the trophies presentation to the winners and runners up of the men and women Bocci competition. Both competitions were very competitive and this year's teams

had some familiar faces and also new members that participated for the first time.

The winning teams were:-

**MEN : Joe Debono, Anthony Cassar and Frank D'Amato (The tall, the short and the ugly)**

**WOMEN: Lody Howick, Rosalie Rossi and Alice Buttigieg. (The Professionals)**

**Runners up teams were:**

**MEN: Alfred Xerri, Rex Saliba and Joe Sammut**

**WOMEN: Olga Ellul, Margaret Bartolo and Josephine Saliba.**

If Miriam and James were there they would have had a run for their money on who will be first on the dance floor. Even Romeo and May had stiff competition. Mario was having a ball as well and the mix of songs he played kept everyone on the go. With every function there is a raffle and this time the prizes varied from a pizza oven, power saw, casserole dish, Bacardi rum and wine. (No pink or striped dressing gowns).

Before we knew it the afternoon came to an end and the committee members were inundated with compliments and requests for more similar functions. I ask the question, is it because of the organisation by the committee, or is it the ambience of the hall, or is it the combination of both with the added ingredient of you the members. I'll let you decide.

### ***MEDITERANEAN***

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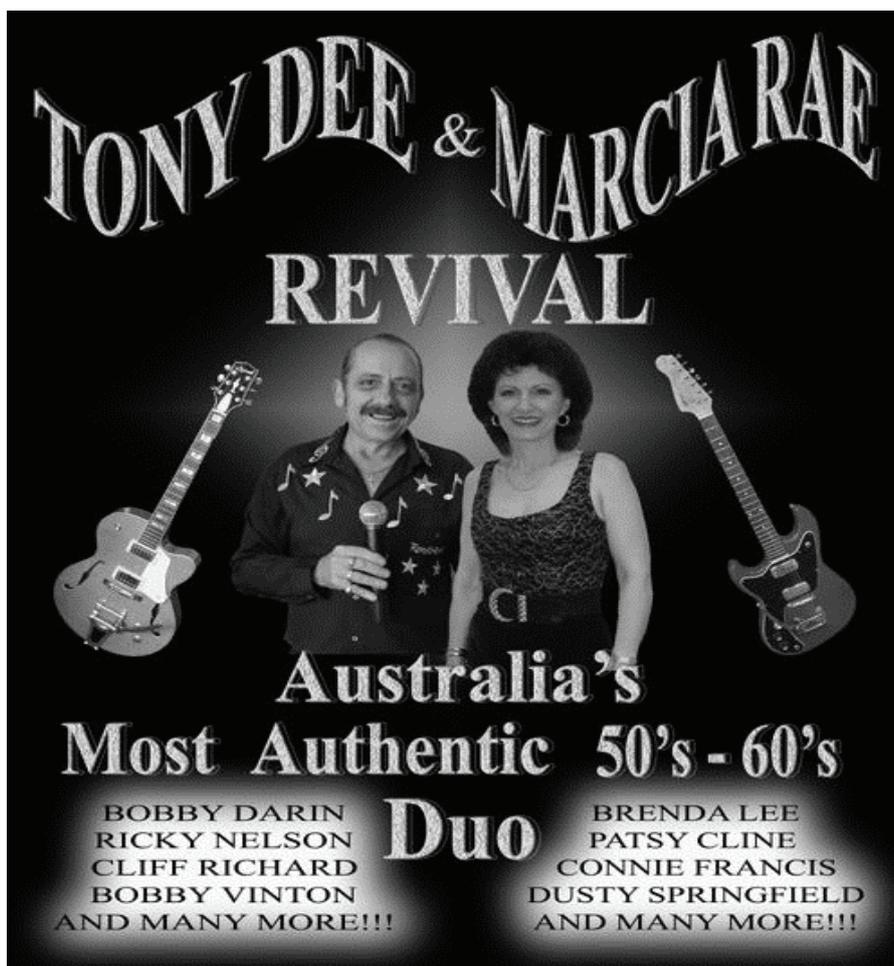
**The winners of the Men's Bocci competition  
Anthony Cassar, Frank D'Amato and Joe De-  
bono accepting the trophies from Joe Ellul**

**The runners up of the Men's Bocci competition  
Alfred Xerri, Rex Saliba and Joe Sammut ac-  
cepting the trophy from Vince Calleja**



**The Winners of the Ladies Bocci competition  
Lody Howick, Rosalie Rossi and Alice Buttigieg  
accepting the trophies from Victor Casa**

**The runners up of the Ladies Bocci competition  
Olga Ellul, Margaret Bartolo and Joyce Saliba  
accepting the trophies from Maurice Spiteri**



### NEW YEAR'S EVE BALL 2011

**THIS YEAR, PROVIDING THE ENTERTAINMENT WE'VE ENGAGED ONE OF THE MOST POPULAR "DUO" AROUND TOWN "TONY DEE & MARCIA RAE REVIVAL"**

**TONY DEE & MARCIA RAE ARE TWO ENTERTAINERS WITH A TON OF MUSIC PERFORMANCES TO THEIR CREDIT  
THEY ARE VERY MUCH IN DEMAND AROUND THE CLUB CIRCUIT**

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BRENDA LEE - THE KING-ELVIS PRESLEY - PATSY KLINE  
CLIFF RICHARD - DUSTY SPRINGFIELD - ENGLBERT HAMPERDINK - DORIS DAY and more.**

**And that's not all  
Joining the Duo for A SPECIAL PERFORMANCE on the night will be none other than**

**STAN AZZOPARDI  
Stan will also compile on CD'S some of the ever popular Maltese Songs for our enjoyment.**

**UP**

I'm sure you will enjoy this. I never knew one word in the English language that can be a noun, a verb, an adjective, an adverb and a preposition.

**UP**

This two-letter word in the English language has more meanings than any other two-letter word, and that word is 'UP.' It is listed in the dictionary as an [adv], [prep], [adj], [n] or [v].

It's easy to understand **UP**, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake **UP**?

At a meeting, why does a topic come **UP**? Why do we speak **UP**, and why are the officers **UP** for election and why is it **UP** to the secretary to write **UP** a report? We call **UP** our friends, brighten **UP** a room, polish **UP** the silver, warm **UP** the leftovers and clean **UP** the kitchen. We lock **UP** the house and fix **UP** the old car.

At other times, this little word has real special meaning. People stir **UP** trouble, line **UP** for tickets, work **UP** an appetite, and think **UP** excuses.

To be dressed is one thing but to be dressed **UP** is special.

And this **UP** is confusing: A drain must be opened **UP** because it is stopped **UP**.

We open **UP** a store in the morning but we close it **UP** at night. We seem to be pretty mixed **UP** about **UP**!

To be knowledgeable about the proper uses of **UP**, look **UP** the word **UP** in the dictionary. In a desk-sized dictionary, it takes **UP** almost 1/4 of the page and can add **UP** to about thirty definitions.

If you are **UP** to it, you might try building **UP** a list of the many ways **UP** is used. It will take **UP** a lot of your time, but if you don't give **UP**, you may wind **UP** with a hundred or more.

When it threatens to rain, we say it is clouding **UP**.  
When the sun comes out, we say it is clearing **UP**.  
When it rains, it soaks **UP** the earth. When it does not rain for a while, things dry **UP**. One could go on and on, but I'll wrap it **UP**, for now . . . my time is **UP**!

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**The Importance of walking**

Walking can add minutes to your life.

This enables you at 85 years old to spend an additional 5 months in a nursing home at \$4,000 per month.

My grandpa started walking five miles a day when he was 60. Now he's 97 years old and we have no idea where the hell he is.

I like long walks, especially when they are taken by people who annoy me.

The only reason I would take up walking is so that I could hear heavy breathing again.

I have to walk early in the morning, before my brain figures out what I'm doing... I joined a health club last year, spent about 250 bucks. Haven't lost a pound. Apparently you have to go there!

Every time I hear the dirty word 'exercise', I wash my mouth out with chocolate.

I do have flabby thighs, but fortunately my stomach covers them.

The advantage of exercising every day is so when you die, they'll say, 'Well, he looks good doesn't he.'

I know I got a lot of exercise the last few years,..... just getting over the hill.

We all get heavier as we get older, because there's a lot more information in our heads.

That's my story and I'm sticking to it. **AND**

Every time I start thinking too much about how I look, I just find a pub with a Happy Hour and by the time I leave, I look just fine.



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### EXERCISE FOR PEOPLE OVER 50

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer. After a couple of weeks, move up to 10-lb potato bags.

Then try 50-lb potato bags and then eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level.)

After you feel confident at that level, put a potato in each bag.

**NEWPORT MALTESE ASSOCIATION**  
**FUNCTION DATES FOR 2011**

<b>SUN. OCTOBER 2nd</b>	<b>ANNUAL GENERAL MEETING</b>	<b>M.C.C.V.</b>
<b>SAT. OCTOBER 22nd</b>	<b>GET TOGETHER</b>	<b>M.C.C.V.</b>
<b>SAT. DECEMBER 3rd</b>	<b>CHRISTMAS BREAK-UP</b>	<b>M.C.C.V</b>
<b>SAT. DECEMBER 31st</b>	<b>NEW YEAR'S EVE DANCE</b>	<b>LAKESIDE RECEPTION</b>

**NEXT FEW FUNCTIONS FOR THE**  
**SENIORS GROUP FOR 2011/2012**

<b>Thursday</b>	<b>6th October</b>	<b>Outing TBA</b>
	<b>Late Oct to Early November</b>	<b>Surfers Paradise</b>
<b>Wednesday</b>	<b>14th December</b>	<b>Christmas Break Up</b>
<b>Wednesday</b>	<b>18th January 2012</b>	<b>Resume Meetings</b>
<b>Thursday</b>	<b>16th February</b>	<b>Day trip to Sorrento</b>

By General Request and for the new members, here it is:

## **INNU TA NEWPORT**

Titkanta fuq il-muzika ta Mexico:

Arrangement tal-muzika      Nick Caruana  
Kliem                      Charlie Zammit u Mario Sammut

Ahna l-membri kollha to Newport  
Kull fejn tarawna ferhanin  
Min jigi maghna pjacir jiehu  
Ghaliex bic-cajt taghna  
Qatt ma nkunu mdejquin

B'dik il-bandiera bajda w'hamra  
Tant inhossuna mkabbrin  
Qatt ma niftahru b'dak li nghamlu  
Ghax ahna dak li nghamlu  
Nghamluh ghal Maltin

M'hemmx kbar u zghar  
Kulhadd ferhan  
Tmur lura d-dar  
Dejjem dahqan

M'ghandkomx ghalfejn tghiru ghalina  
Ghaliex tarawna maghqudin  
Issa nafu x'jigifieri  
Kumitat tassew habrieki  
Biex izommna migburin

Newport Isem Genwin  
Katina tal-Maltin  
Maghna ma tghamlu xejn  
Maghna ma tghamlu xejn  
Kollu ghalxejn

Tghamlu xejn  
Maghna ma tghamlu xejn  
Kollu ghalxejn

Ma tghamlu xejn

Ma tghamlu xejn

## **NEWPORT**

## Rokna tac-Cajt

### SIMPLE HOME REMEDIES THAT WORK

**AMAZING SIMPLE HOME REMEDIES :  
THESE REALLY WORK!!**

**1. TO AVOID CUTTING YOURSELF WHEN SLICING VEGETABLES, GET SOMEONE ELSE TO HOLD THE VEGETABLES WHILE YOU CHOP.**

**2. TO AVOID ARGUMENTS WITH THE FEMALES ABOUT LIFTING THE TOILET SEAT- USE THE SINK.**

**3. FOR HIGH BLOOD PRESSURE SUFFERERS ~ SIMPLY CUT YOURSELF AND BLEED FOR A FEW MINUTES, THUS REDUCING THE PRESSURE ON YOUR VEINS. [REMEMBER TO USE A TIMER.]**

**4. A MOUSE TRAP PLACED ON TOP OF YOUR ALARM CLOCK WILL PREVENT YOU FROM ROLLING OVER AND GOING BACK TO SLEEP AFTER YOU HIT THE SNOOZE BUTTON.**

**5. IF YOU HAVE A BAD COUGH, TAKE A LARGE DOSE OF LAXATIVES - YOU'LL BE AFRAID TO COUGH.**

**6. YOU ONLY NEED TWO TOOLS IN LIFE - WD-40 AND DUCT TAPE. IF IT DOESN'T MOVE AND SHOULD, USE THE WD-40. IF IT SHOULDN'T MOVE AND DOES, USE THE DUCT TAPE.**

**7. IF YOU CAN'T FIX IT WITH A HAMMER, YOU'VE GOT AN ELECTRICAL PROBLEM.**

My mate's missus left him last Thursday. She said she was going out for a pint of milk & never come back! I asked him how he was coping and he said, "Not bad, I've been using that powdered stuff."

The police came to my front door last night holding a picture of my wife.

They said, "Is this your wife, sir?"

Shocked, I answered, "Yes."

They said, "I'm afraid it looks like she's been hit by a bus."

I said, "I know, but she has a lovely personality."

Two Irishmen find a mirror in the road.

The first one picks it up and says, "Blow me, I know this face, but I can't put a name to it."

The second one picks it up & says, "You daft fool ... it's me!"

Paddy's in jail. The Guard looks in his cell and sees him hanging by his feet.

"What are you doing"? he asks.

"Hanging myself," Paddy replies.

"It should be round your neck," says the guard.

"I tried that," says Paddy, "but I couldn't breathe."

Two Irishmen are hammering floorboards down in a house.

Paddy picks up a nail, realises it's upside down & throws it away.

He carries on doing this until Murphy says, "Why are you throwing them away?"

"Because they're upside down," says Paddy.

"Are you daft or something," replies Murphy, "save 'em for the ceiling!!"

The other day my next door neighbour knocked on my door at 2.30am. Would you believe it 2.30 in the morning. Lucky I was still up playing my bagpipes.