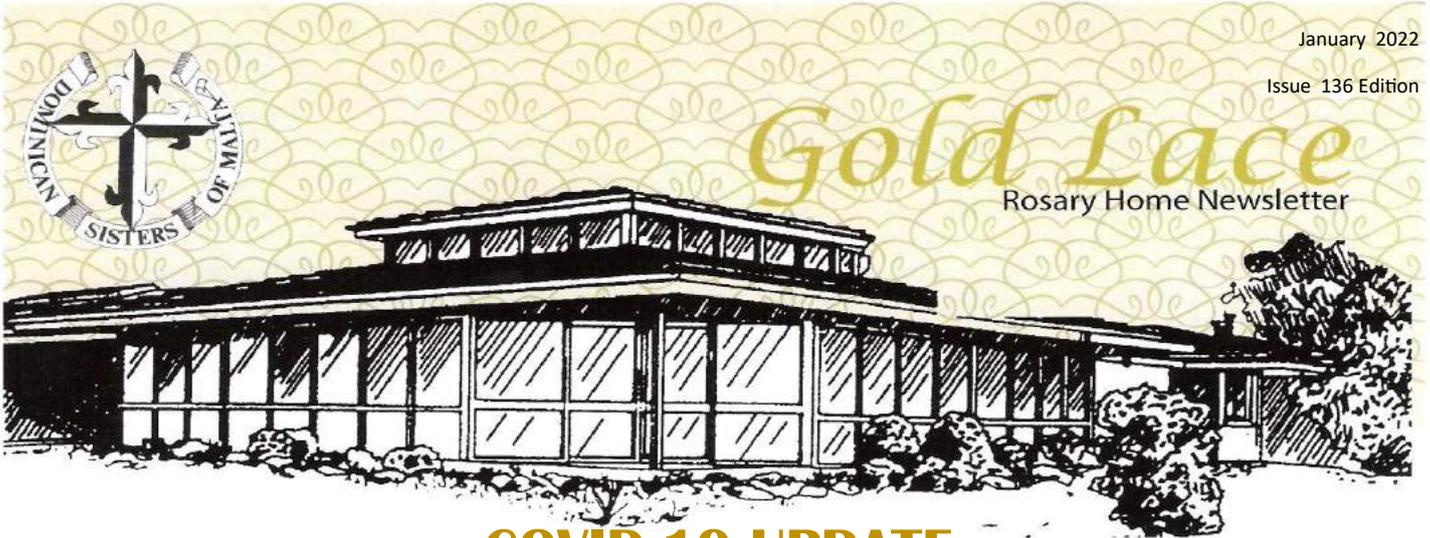


# Gold Lace

Rosary Home Newsletter



## COVID-19 UPDATE

We continue to remain covid free at Rosary Home. Things have been slowly getting back to normal with residents enjoying lots of activities and outings again in the community once more. Pictured below are residents enjoying happy hour.



## Happenings at Rosary Home.



A new 40 foot shipping container was delivered a few weeks ago to Rosary Home. The shipping container was purchased to increase storage options especially to house our Personal Protective Equipment (PPE) stock incase of an Outbreak. It will also come in handy for additional items for special events and care equipment for our residents.

# Resident in the Spotlight

## VIDYA KANAGATHUNGAM

Vidya was born in the city of Chennai, previously known as Madras, in the South of India in 1928. She is the first of 8 children. Vidya was brought up as a Catholic and was always at the top of her class. When she turned 16 she met a lady at the local shops, she offered Vidya a part-time job in a company that she and her husband owned and told her that she would help her attain her dream of going to University, to become a vet. Vidya was in-



troduced to the world of Beauty and Fashion from the magazines that were shipped to the store from England. In the late 1940's Vidya met the young and dashing Bonney Kanagathungam from Sri Lanka who was studying Business as an International student. It was the start of a beautiful romance. They married in 1950 at a lovely church in Chennai. Vidya flew to Sri Lanka to start a new life with her husband. She was very popular among the ladies in Sri Lanka, as she had learnt how to do manicures, pedicures and the art of make-up from the English magazines she had read whilst growing up. Vidya also had her first child, a son called Michael. Vidya's mother-in-law encouraged Vidya to participate in the famous Max Factor Beauty pageant in Colombo, Sri Lanka. Vidya entered and won! Winning the title was a highlight for Vidya. She received telegrams from Debbie Reynolds and Anne Miller and the modelling contracts came pouring in. The prize for the title was two tickets around the world, a great opportunity for the young couple. Vidya and Bonney visited many countries in Europe and loved England so much that they moved there for 5 years. Vidya went to the Academy of Beauty Culture and Hairdressing in London to qualify in Hairdressing and Beauty Therapy, while Bonney bought and ran a restaurant in the South of London. The restaurant

## Resident in the Spotlight Cont.

was successful and Vidya was now qualified and was a Member of the prestigious Eros Coiffure Guild. In 1964, Vidya was pregnant again and returned home to her family, to have her baby girl Nimmi. The family settled into a new and even more successful life back in Chennai. Vidya opened a Beauty Salon in a very famous Hotel and quickly trained a few young girls to work for her, She became the Go-To person, all the young film stars from the state visited her salon. Even Lisa Minelli visited the salon while filming in Chennai. Unfortunately Bonney and Vidya separated around 1966. It was not easy for a lady in the 60's, in India to be a single parent. However, her faith in God and her strength of character pulled her through. Vidya opened her own Hairdressing and Beauty School in Chennai, which became immensely popular with students from all over coming to study at the school. Vidya was invited by the Government of Tamil Nadu, the state Government, to pioneer the Hair and Beauty Department at the Government Woman's' Polytechnic. She lectured there for almost 10 years 3 days a week. At the age of 50 Vidya enrolled into University to do a Masters degree in Sociology. In 1995 at the

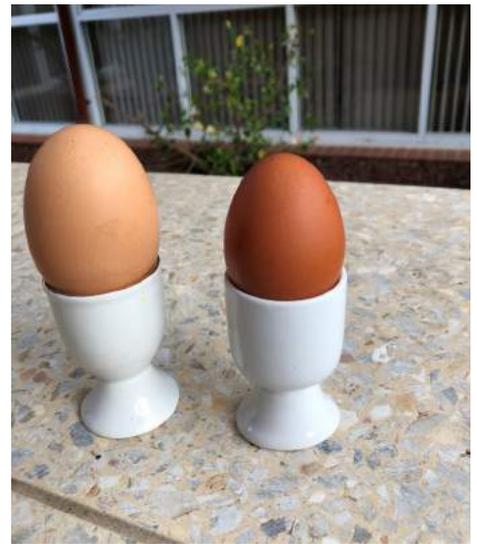


age of 67 Vidya took her first trip to Australia. In 2003, Vidya's Daughter and family moved to Australia. Vidya took several trips back and forth until 2008 for her 80th Birthday Vidya joined her daughter permanently. Vidya has just celebrated her 93rd birthday and is a great-grandmother to beautiful

Olivia, whom she dotes on. The eventful and full life that mum has lead in the past, has now moved into a well deserved slower pace at Rosary home with her new family.

# The Benefits of Eggs

Eggs are an inexpensive, widely available and easily digestible source of high-quality protein and contain a significant proportion of leucine, an amino acid that is important for muscle synthesis, as well as many other nutrients of significance for older people, including vitamin D and omega-3 fatty acids. Rosary home's flock of chickens are helping contribute to the Health and well being of our Residents.



## A Gift to Rosary Home



Rosary Home was recently gifted a collection of books from Author's Maurice Cauchi and Albert Aguis by the MCCV Maltese Community Council Of Victoria. Rosary Home wishes to Thank the MCCV for their thoughtful gesture.

# Entertainment at Rosary Home



Residents always enjoy a dose of Entertainment when Frank Rizzo arrives.



Some Residents prefer a good game of cards.



Pass the Parcel is played to entice sensory receptors such as sight, touch and sound.



# What is spirituality ?

Spirituality gives one the opportunity to practise their own beliefs and have the freedom to choose what they desire.

The Residents at Rosary Home have the opportunity to practise their faith both in a group and as individuals.

We are blessed and fortunate to have a spacious and serene Chapel where we gather each day as a community. Through the day there are opportunities for individual and small group prayer.

Our celebrant for daily Mass is Fr Denis Carabott M SSP who is a fellow resident. On a Thursday we have Mons Charles Portelli concelebrating Mass and on a Sunday Fr Lonnie Borg M SSP.

Residents have the opportunity for the Sacrament of Reconciliation and Anointing during the year.

Faith Sharing also takes place both in English and Maltese. The Dominican Sisters facilitate these activities and offer Pastoral Care. Devotions are held according to the liturgical season. Special feast days are observed.

The “Spiritual Life and Pastoral Care Planner” is prepared by the Pastoral Care Team monthly to keep residents and their families informed of all that goes on. The Chapel is open to residents of different denominations and residents are welcome for private prayer and quiet time.



Rosary is held at 4.30pm every afternoon in the Chapel.

All Residents are welcome to attend.



# February Birthdays



1st Maureen Williams
4th Kathleen O'Sullivan
23rd Georgina Camilleri
26th Annie Mallon
27th Caterina Cullia

## Upcoming Dates of Interest



**Podiatrist  
Visit**

**3rd & 17th  
February**



**Lunar  
New Year**

**Tuesday 1st  
February**



**Valentines  
Day**

**Monday 14th  
February**

### MESSAGE FROM ADMINISTRATION

*Day Care Respite at Rosary Home provides care designed to support a person and their families. The program assists and provides care to the elderly person during the day. The program provides companionship, social activities, meals and personal care service all in a safe environment. Comfortable chairs and quiet informal lounges are available around the home. Please call us on **03 9367 7722** to discuss.*